7th Grade Health Syllabus

Mrs. Martin

**Topics:**

-Introduction & Wellness Assessment

-Social Health

-Physical Health

-Mental and Emotional Health

-Nutrition

-Drug Prevention

-Fitness

-Development, Growth and Change

**Grading:**

40% Classwork

25% Homework

25% Tests

10% Quizzes

**lmartin@yonkerspublicschools.org**